



CHIT CHAT WITH MARY PAT

Mary Pat DeLambo, RN, BSN, MEd Parish Nurse

Please contact me at email address: mdelambo@laurellake.org or my cell phone 1-330-356-2559 whenever I may be of assistance. My office hours are flexible to meet your needs.



Fall and winter are also known as “cold and flu” season. No matter the germ whether cold, flu, enterovirus D68, or other – the number one way to stop the spread of infections is for all of us to wash hands correctly and often. Here is information from the Center of Disease Control. For more information, please go the CDC website <http://www.cdc.gov/handwashing/>

WHEN TO WASH YOUR HANDS:

Before, during, and after preparing food ~ Before eating food ~ Before and after caring for someone who is sick
Before and after treating a cut or wound ~ After using the toilet
After changing diapers or cleaning up a child who has used the toilet
After blowing your nose, coughing, or sneezing ~ After touching an animal, animal feed, or animal waste
After handling pet food or pet treats ~ After touching garbage

HOW TO WASH YOUR HANDS:

Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

Lather your hands by rubbing them together with the soap.

Be sure to lather the backs of your hands, between your fingers, and under your nails.

Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.

Rinse your hands well under clean, running water.

Dry your hands using a clean towel or air dry them.

If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol. Alcohol-based hand sanitizers can quickly reduce the number of microbes on hands in some situations, but sanitizers do **not** eliminate all types of germs.

HOW TO USE HAND SANITIZERS

Apply the product to the palm of one hand (read the label to learn the correct amount). ~ Rub your hands together.

Rub the product over all surfaces of your hands and fingers until your hands are dry.

Resources for additional information: <http://www.cdc.gov/HandWashing/pdf/wash-your-hands-poster.pdf> & <http://www.cdc.gov/non-polio-enterovirus/about/ev-d68.html>

Upcoming Parish Nurse Events & Programs

Veteran's Day Luncheon (see page 8)

Blood Pressure Screening

Sunday November 9th ~ cancelled

Monday Morning Walking Group

9:30 AM Hudson Spring Park

7095 Stow Rd, Hudson

2 mile trail around the lake

Moderate level

Wednesday Liturgical Yoga

9:30 AM

St. Mary Church

340 N. Main Street

Free & Instructor led

Thursday Yoga

6:30 – 7:30 PM (*time may vary, RSVP)

Rejoice Large Classroom

Thursday Nov. 20th

Lunch & Learn

Seiberling Nature Realm/Cleveland Metro Parks

12:00 – 1:00 PM

Christ Church Episcopal Parish Hall

21 Aurora Street, Hudson

RSVP to Mary Pat DeLambo

330-356-2559/ mdelambo@laurellake.org

Thursday Nov. 20th

Monthly BYOB Class

St. Mary Church

340 N. Main Street, Hudson

10 AM & 7PM

For all BYOB Graduates

Friday 11:30 AM

Faithfully Fit Exercise Class

St. Mary Church

Instructor Led & Free!



OPEN M

A Ministry of Faith, Health and Hope

www.openm.org

October 3, 2014

Dear Christ Church Episcopal,

Thank you for supporting OPEN M food services. Your hot lunch service helped to serve 1,733 people for the month of September. Your church also donated 279 pounds of food. This is something you should be very proud of and are very much appreciated.

I was reading quotes and ran across this from Jessie and Bryan Matteo "Even the smallest act of caring for another person is like a drop of water- it will make ripples throughout the entire pond... This is so true with all the people that donate time and food to our pantry. You help to make the drops and we spread it throughout the community.

1 Thessalonians 5:16-18 "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."

Have a blessed day!

Thank you for thinking of us.

Sincerely,

Julie Carneal
Food/Building Manager
(330)434-0110 ext.416
Fax: (330)434-6861
food@openm.org

When Jesus declared "I am the bread of life. Whoever comes to me will never go hungry and whoever believes in me will never go thirsty" John 6:35

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**We thank Susan Mailey
for all her work coordinating our participation
in the hot lunch program with OPEN M**

You can join her and other parishioners serving hot lunch in 2015
Here are the dates Christ Church will serve:

Wednesday, February 18th; Thursday, April 30th & Monday September 28th



PASTORAL
SEARCH
COMMITTEE

Dear Parishioners:

In the October Communicant I mentioned, "...within the coming months it is anticipated that there will be Parish meetings to gather additional information and input from parishioners. You will be hearing from the Search Committee once plans are finalized on the number of meetings needed and when they have been scheduled..." Hopefully you have noticed in the recent Friday e-blast announcements ("News from Christ Church"), or heard Larry's announcements on Sunday mornings or saw the postcard sent to each family's home that we are having an all-parish meeting on November 2nd and another all-parish meeting on November 9th.

On November 2nd we will undertake an exercise in selecting characteristics of a parish priest. The exercise is intended to help the parish realistically prioritize what we are going to look for in a new rector. One common problem during the search process is that parishes, vestries and search committees develop "wish lists" of ideal characteristics instead of a realistic profile of a real person. The priest that the search committee looks for, based on the wish list, ends up being a combination of Moses, St. Paul, St. Mary, and Jesus.

Another problem with wish lists is that they may be based on individual needs instead of the specific needs of the parish as a whole. Therefore, in sorting out and prioritizing characteristics it is very important not to select only on personal preference, but it should be on the basis of a parish discernment process by asking yourself, "Is this trait important to me and the needs for this congregation?" Please join us on November 2nd to sort out what we are going to look for in a new rector.

At the meeting on November 9th, the Search Committee will engage the whole parish to help answer questions that reflect on our ministry. The questions are asked of both the Search Committee and potential Rector candidates through the parish OTM (Office of Transitional Ministry) portfolio. The questions allow the Search Committee to glean the breadth of the parish's gifts, how we worship and engage others, our involvement in the Community and wider church and our needs heading into the future. The information we receive from this exercise will be distilled down to 250 or fewer word answers for each of the required questions listed here in the Communicant. The content of these narratives will represent our sentiments, as a collective parish, which will be incorporated into the Christ Church Parish Profile. These responses along with additional information will provide a Parish Profile that will be used to recruit potential Clergy.

The November 2nd and 9th meetings are important steps in the search process and allow parishioners to share their thoughts, ideas, concerns, etc. As mentioned in the October Communicant, please plan on attending if your schedule allows...the more voices we hear the better we will understand what the Parish values and wants in a new Rector. If you cannot attend the November 9th meeting, please submit to the Church office by November 10th your responses to the questions below so we can incorporate your thoughts as we distill our answers to the questions for the OTM portfolio.

We look forward to seeing you at one or both of the upcoming parish meetings. Please let me, or one of the Search Committee members know if you have any questions.

Sincerely,
Dave McCallops



All Parish Meetings

The Pastoral Search Committee would like your input on the most important characteristics of our new rector. We also want you to have a voice in describing who we are and what we do as a parish.

Please mark your calendars and plan to attend both meetings!

Nov. 2nd – Hopes and Expectations

Nov. 9th – Who We Are and What We Do

There will be one service both Sundays at 9:30 AM in the Church
All parish meeting with continental breakfast will immediately follow the service.
(All parishioners 8th grade and up are invited)
Childcare provided – infant to 7th grade

**Following are 12 questions to answer during the NOVEMBER 9th meeting.
Please review and prayerfully consider prior to the meeting.**

1. Describe a moment in our worshipping community's recent ministry that we recognize as one of success and fulfillment.
2. Describe our liturgical style and practice. Please describe each of our types of services.
3. How do we practice incorporating others into ministry?
4. As a worshipping community, how does Christ Church care for our spiritual, emotional and physical wellbeing?
5. How do we engage in pastoral care for those beyond our worshipping community?
6. Describe our worshipping community's involvement in either the wider Church or geographical region.
7. Tell about a ministry that Christ Church has initiated in the past five years.
Who can be contacted about this?
8. How are we at Christ Church preparing ourselves for the Church of the future?
9. Please provide words describing the gifts and skills essential to the future leaders of our worshipping community.
10. What is the practice of stewardship at Christ Church and how does it shape the life of our worshipping community?
11. What is our worshipping community's experience of conflict? And how have we addressed it?
12. What is our experience leading/addressing change in the church? When has it gone well? When has it gone poorly? And what did we learn?



The **Episcopal**
Diocese of Ohio

The 198th Annual Convention of the Diocese of Ohio will meet November 7-8, 2014

Schedule At A Glance

Friday, November 7 - Trinity Commons, Cleveland, OH
Dinner at Trinity Commons, Convention Eucharist at Trinity Cathedral
Saturday, November 8 - Holiday Inn Cleveland South, Independence, OH
Convention Business

Christ Church Delegates are: Reed Stith, Gabe Lefebvre & Greg Daniels
Youth Delegate: Kate Greer

HUDSON MINISTERIAL ASSOCIATION NEWS HOLIDAY HOUSEHOLD ITEM DRIVE

This year Christ Church is a part of the Hudson Ministerial Association drive to collect liquid Laundry Detergent and Fabric Softener. Both items will be used for Hudson School's Holiday Baskets and are items typically not given by Students and their families during the drive.

This collaborative effort of the Ministerial Association with the Schools will give a helping hand to people in very practical ways, as people of faith join together to make a difference. (At Christ Church this year, we are collecting the laundry items rather than food. See the YAMS FOR OPEN M to read about that important food drive in service to others.)

Laundry items may be placed in the Blue Collection Bin at Christ Church on the first three Sundays of November, the 2nd, 9th, and 19th. At 5:00 p.m. on Sunday, November 16th, we will gather all the items, taking them to Rejoice Lutheran Church at 7855 Stow Road for a Service of Blessing.

-- Faith Communities Make Good Neighbors.



Time for our Fall Garden Clean-up
Saturday, November 8th beginning at 9:30 AM
Bring your gloves, rakes and energy!

As last year, Heritage School has volunteered to help us.
What about you?



THE EPISCOPAL CHURCH WOMEN'S CHRISTMAS LUNCHEON
& 111th Birthday Party for member, *Ada Cooper Miller!*

Thursday, December 11, 2014 ~ 11:30 am
The Country Club of Hudson

This celebration is for
members of Christ Church, First Presbyterian Church of Hudson and friends.
Men are encouraged and most welcome to attend this festive event.

**Entertainment will be provided by John Boston,
noted northeastern Ohio singer and musician**

The cost is \$20.00 per person. There are two entrée selections:

Chicken Piccata – Boneless breast of chicken sautéed with fresh lemon, capers and white wine butter sauce.
Served with garlic mashed potatoes & broccoli, cauliflower, and carrot medley.

Tuscan Pasta – Roasted peppers, mushrooms, garlic, fresh tomato, basil, white wine and a light marinara
sauce tossed with imported penne pasta.

Birthday cake (white cake with fresh sliced strawberries & white mousse) and beverages are included.

Please complete the reservation form below for yourself and any guests you will be bringing.
Indicate your choice of entrée for each attendee.

Your check, made out to ECW, with “luncheon” in the memo, is your paid reservation.
Submit the check and reservation form to the church office or place it in the ECW mailbox.

Reservations must be received no later than Thursday, December 4, 2014

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THE EPISCOPAL CHURCH WOMEN'S CHRISTMAS LUNCHEON

Thursday, December 11, 2014 ~ 11:30 am

Name of attendee(s)

Entrée selection (check appropriate box)

Chicken Piccata

Tuscan Pasta



Veteran's Day Luncheon

RSVP to Mary Pat Required: email: mdelambo@laurellake.org or
cell phone 1-330-356-2559

include name, rank, branch of service,
and number attending the luncheon

Monday Nov. 10th

11:30 AM – 1:30 PM

St. Mary Church Room 101



United Thank Offering Fall ingathering Sunday, November 2.

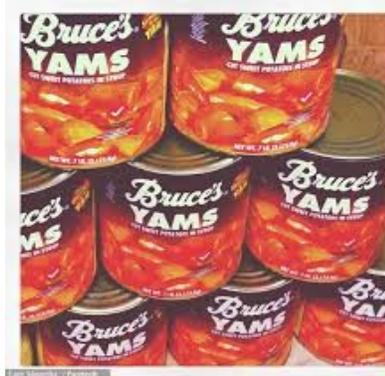
Envelopes have been sent to you by mail for your donation. Little blue boxes and envelopes will also be available in the Parish Hall. The national UTO committee receives requests for grants. Every penny received is distributed by grants to the needy or for the expansion of missions and ministry on a local, national or international level.



*Don't forget
to save those Acme receipts!*

Save all receipts dated September 18, 2014
through February 4, 2015.

Ask your family, friends, co-workers, and
neighbors
to shop and save their receipts, too!



YAMS for OPEN M:
Once again Christ Church
will collect **200 (40 oz.)**
cans of yams for the Christ-
mas food baskets distributed
at OPEN M.

Please consider donating cans in the containers at each en-
trance to the church. The deadline for collection is

MONDAY, DEC. 7th.

Thank you for your faithfulness
in continuing this ministry.

Any questions,
contact Susan Mailey at sdmail@roadrunner.com.





Grounds Update ~ Karen Petterson

Memorial Garden and Borders:

The temperate summer of 2014 was perfect for the Christ Church grounds after a tough winter. We lost several shrubs to the cold, but a nice summer was perfect for grounds recovery and to prepare it for the next winter. The Boy Scouts were there in force to spread the mulch once again this spring. Rob Robinson provides the mulch. With the boys and their fathers, the entire grounds were mulched in 1.5 hours! We are fortunate they provide the manpower for this project.

Many thanks to dedication of the committee and the gardeners Janet Daniels, Cathy Agnor, Rich Wilson, Kaye Lowe, Carol Klemencic, Dave Petterson, Len Harrison, and Ed Gibson. They all keep after sections of the garden diligently and faithfully. Please thank them yourself. More gardeners are welcome anytime to take on a plot for the season.

With funds given in honor of Gayle Dieckman and Peter Erwin, the grounds committee was able to make several improvements. In front of the church, we replaced the dying juniper with a columnar blue spruce. Along the eastern property border we replaced the over grown grasses with a Magnolia Jane, and added to that border 6 Mugo Pine and 3 Ninebark 'Centerglow'. In the memorial garden we were able to add more furniture. The table and chairs are cast aluminum. The umbrella will go to the basement in the winter. Please visit the memorial garden and enjoy! The grounds committee is committed to maintaining a reverent, hallowed, and lively memorial garden for the benefit of all.

Fall cleanup is Saturday, November 8th beginning at 9:30am. Heritage Academy, which uses our classrooms during the week, will help with this, and any parishioner's help and guidance for the students is enthusiastically needed, welcomed and appreciated!! There will be perennial cleanup and leaf raking/blowing in abundance!

Hope Vegetable garden:

Year 2 for the Hope garden and it was a different, but just as abundant season. Many thanks to the growers – the Swift family, the Barger family, the Mailey family, the Greer family, the Agnor family, the McCallops family, Ann Kirk, and the Afungchwi family who kept the weeds under control, harvested, and delivered to Open M.

The cold winter gave the growing season a slow start, but that was good for the cool weather crops - lettuce, radishes, onions, spinach and peas. Over the season we harvested many, onions, beets, tomatoes, peas, lettuce, peppers, broccoli, cabbage, but this year's bonanza crop was the pole beans. Those very tall and ever growing plants produced many pounds of beans. I weighted one picking session and had over 4 lbs. of green beans to take to Open M! Welcome table also ate what was ripe the weekend of their meal.

The final harvest on October 19 yielded: 8 heads of cabbage, yet again green beans which were still flowering, lots more cherry tomatoes that still tasted great despite the cooler temperatures, kale, more sweet peppers, and 15 more beets. All the carrots will be dug at the clean up when we put the garden to bed to the winter.

We will start again in the spring and anyone can join in the planting and sign up for a week of care in the vegetable garden. Please join in this fun outreach project!



Please make a note!

No Blood Pressure Screening on Sunday, November 9th
due to the All Parish Meeting

The next screening will be: Sunday, December 14th



**Church Offices close at Noon on Wednesday, November 26th
Offices are Closed November 27th & 28th**

Andrew Stansbrey

Thank you for your many years of service
as our Acolyte Master.
You touched many young lives
and greatly enhanced our services over the years.

Thank you from all of us!



Bridge Lessons

Ginny Young will teach 3 Sunday afternoon “bring your bridge up to date” lessons on
Nov 2, 16 and Dec 7 from 3 – 5 pm in the undercroft.

She'll help us figure out how to look at our hands and get the best contract. There is **NO CHARGE**
for the lessons; we ask that you contribute something of your time, talent or treasure
to a favorite fund or ministry at church.

If you are interested in participating Nov 2, 16 and Dec 7,
sign up in the Parish Hall or email debbiesergi@yahoo.com

And stay tuned - after the holidays, we hope to offer lessons for beginners and more for intermediates.

2014 CHRISTMAS FLOWERS



Donations for sanctuary flowers are welcome from individuals or families, in celebration, recognition or as a memorial.

Your gift will be noted in the Christmas Eve bulletins provided the necessary information is received in the church office by **Friday, December 12th**



Christ Church 2014 Christmas Floral Donation

NAME: _____ **AMOUNT:** _____

Please return with your check payable to Christ Church with "Christmas Flowers" on the memo line to the office by: **Friday, December 12th**

21 Aurora Street
Hudson, OH 44236

Phone: 330-650-4359

Fax: 330-655-0695

On the Web: www.christchurchhudson.org



Find us on Facebook!

<https://www.facebook.com/ChristChurchHudson>

Clergy

The Rev. Larry C. Minter, Interim Rector
larry.minter@christchurchhudson.org

Staff

Nancy Sistik, Parish Administrator
nancy.sistik@christchurchhudson.org
Dr. Charles M. Carr, Organist & Choirmaster
chascarr@sbcglobal.net
Mary Pat DeLambo, RN, BSN, MEd
Parish Nurse
mdelambo@laurellake.org
Darlene Gresco, Housekeeping
Theresa Venham, Housekeeping
Dennis Hido, Sexton

Vestry

Len Harrison, Senior Warden
harrison13n@gmail.com
George VanBuren, Jr. Warden
gvb2274@aol.com

Courtney Bixby

Greg Daniels

Tom Green

Joyce Harrison

Jim Lang

Debbie Sergi

Pam Zuhl

Marilyn Hansen, Treasurer, ex officio

Linda Irving, Clerk, ex officio

Christ Church Hudson is a Parish
of the Episcopal Diocese of Ohio
www.dohio.org

Sunday Service Schedule

8:00 Rite I ~ Chapel
9:15 Education
10:00 LEV Service at Laurel Lake
10:15 Sunday School
10:30 Rite II ~ Church

Nursery available
9:00 ~ Noon



Sunday, November 2nd

Move your clocks back by 1 hour!